



Handout: Positive Intent

Parent Education Curriculum

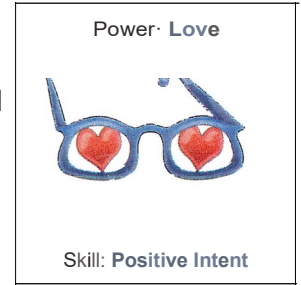
A.C.T.

Use Positive Intent to see the missing skill behind a hurtful action, and then use A.C.T. to teach the missing skill.

Acknowledge the child's desire. "You wanted _____"

Clarify the skill I to use. "When you want _____, say (or do) _____."

Take time to practice. "Try it now for practice. Or "Let's do it together for practice."



Child's inappropriate/hurtful behavior: <i>My child sometimes ignores me when I tell him/her to do something.</i>	
Hurtful View: <i>He/she is being disrespectful.</i>	Helpful View: <i>He/she sometimes has a hard time stopping a fun activity and could use my help.</i>
Acknowledge the child's desire: <i>You wanted to keep playing.</i> Clarify the skill to use: <i>Put the ball in the bin and grab your backpack.</i> Take time to practice: <i>Let's do it together for practice.</i>	

Child's inappropriate/hurtful behavior: A toddler is crying and hitting Mom's leg as she makes dinner.	
Hurtful View: <i>He/she is making it hard for me to cook.</i>	Helpful View: <i>He/she is hungry, and needs my help calming down and providing reassurance that dinner is coming soon.</i>
Acknowledge the child's desire: <i>You wanted me to know how hungry you are, so you hit me. It's hard to wait when you're hungry</i> Clarify the skill to use: <i>When you are hungry, tap my leg gently and say, "Mommy, eat!" to let me know you're ready</i> Take time to practice : <i>Try it now. Tap me and say, "Mommy, eat!"</i>	

Child's inappropriate/hurtful behavior:	
Hurtful View:	Helpful View:
Acknowledge the child 's desire : <i>You wanted _____</i> Clarify the skill to use: <i>When you want _____ say(or do) _____</i> Take time to practice :	

Celebration Center

Family situation or child behavior to celebrate: _____

Which of the following might be a fun way to celebrate it:

- Hug High Five Spontaneous Game Spontaneous Activity

Other ideas: - - - - -

2017 Loving Guidance . Inc. All rights reserved. www.ConsciousDiscipline.com