



P.O. Box 207 | 302 SOUTH JOPLIN | JOPLIN, MO 64802  
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January 18, 2022

Dear Policy Council Member:

We will meet via Google Meeting. I hope you will be able to call in or join.

**Meeting Date:**

- January 25, 2022

**Time: 6:30 P.M.**

To participate in this meeting you have several options.

**First, you can come to one of the following Head Start centers:**

Noel Head Start – 628 Johnson Drive , Noel MO	Carthage Planning Center – 739 E 7 <sup>th</sup> St , Carthage MO
Sarcoxis Head Start – 101 North 17 <sup>th</sup> Street , Sarcoxis	Neosho Head Start – 750 National Guard Rd, Neosho
Webb City Head Start – 300 North College ,Webb City	North Joplin – 1200 North Main Street , Joplin MO
South Joplin Head Start – 4302 Richard Joseph Blvd West , Joplin	Longview Head Start – 16381 E. State Hwy 76, Rocky Comfort MO

Each of these sites will be logged on to the meeting and you can participate from there. There will be no childcare available. However, a \$20 childcare stipend is available if you qualify.

**Secondly, you can join the meeting from your home by following one of the options below:**

**Joining from home:**

**Meeting ID**

[meet.google.com/xff-hivu-dyz](https://meet.google.com/xff-hivu-dyz)

**Phone Numbers**

(US)+1 617-675-4444

PIN: 976 156 784 6978#

Please mute your phone or computer microphone after announcing your name.

Sincerely,

ECONOMIC SECURITY CORPORATION

Leisa Harnar and Kathy Miller  
Head Start/Early Head Start

## HEAD START/EARLY HEAD START - POLICY COUNCIL MEETING

January 25, 2022 Time: 6:30 pm

*"We will make a difference in the lives of children and families"*

### AGENDA

**Three ways to join: Go to one of the centers identified in the letter, or join from home using one of the options below:**

Join with Google Meet: <a href="https://meet.google.com/xff-hivu-dyz">meet.google.com/xff-hivu-dyz</a>	Or, call in with this Phone Number: (US)+1 617-675-4444  PIN: 976 156 784 6978#
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MEETING CALLED TO ORDER ..... Policy Council Co-Chair – Walter Taylor

Roll Call ..... Ashley Dickenson

#### ITEMS FOR APPROVAL:

1. Approval of Last Month's Meeting Minutes ..... Walter Taylor
2. Approval of Consent Agenda Items ..... Walter Taylor
3. Approval of Revisions to HS/EHS Birth to Three Safe Sleep Policy ..... Kandi Griffith

#### ITEMS FOR REVIEW:

4. Update on Enrollment ..... Amy Schmidt

#### BOARD LIAISON REPORT

Update from Board Liaison ..... Rito Sosa

#### DIRECTOR'S REPORT

Update from Head Start/Early Head Start Director ..... Leisa Harnar

Closing Announcements – PC Co-President – Walter Taylor

Next meeting: February 22, 2022

Adjourn – PC Co-President – Walter Taylor

*Important – To obtain copies of this agenda or to place discussion items on the agenda for future Policy Council Meetings, contact Leisa Harnar, ESCSWA, 302 Joplin Ave, PO Box 207, Joplin MO 64802-0207. Agenda items must be received at least 2 week prior to the regularly scheduled meeting.*



## EARLY HEAD START BIRTH TO 3 SAFE SLEEP POLICY

Policy Number: HE1510  
HSAC Approval Date: 9-28-15

Effective Date: 10-27-15  
Revised 1-13-22

Policy Council Approval Date: 10-27-15

### **PERFORMANCE OBJECTIVE:**

The purpose of the Safe Sleep Policy is to maintain a safe sleep environment that reduces the risk of sudden infant death syndrome (SIDS) and sudden unexpected infant deaths (SUIDS) in children less than one year of age. Missouri law (§ 210.223.1, RSMo.) requires all licensed child care facilities that provide care for children less than one year of age to implement and maintain a written safe sleep policy in accordance with the most recent safe sleep recommendations of the American Academy of Pediatrics (AAP). Missouri child care licensing rules require licensed child care facilities to provide parent(s) and/or guardians(s) who have infants in care be provided a copy of the facility's safe sleep policy.

### **PROCEDURES:**

- ❖ Always place babies to sleep on their backs.
- ❖ Obtain written health care provider instructions if child's sleep position cannot be on their back.
- ❖ Avoid letting the baby get too hot. The baby could be too hot if you notice sweating, damp hair, flushed cheeks, heat rash, and rapid breathing. Dress the baby lightly for sleep. Set the room temperature in a range that is comfortable for a lightly clothed adult. Room temperature will be kept at no less than 68°F and no more than 85°F when measured two feet from the floor. Infants are supervised to ensure they are not overheated or chilled.
- ❖ When infants are in their cribs, they will be within sight and hearing of staff at all times.
- ❖ A staff member will visibly check on the sleeping infants frequently.
- ❖ Infants unable to roll from their stomachs to their backs and from their backs to their stomachs shall be placed on their backs when found face down. When infants can easily turn from their stomachs to their backs and from their backs to their stomachs, they shall be initially placed on their backs, but shall be allowed to adopt whatever positions they prefer for sleep.
- ❖ A card will be posted on the outside of the crib stating the child's ability to roll. For example, "I was laid down on my back. I can roll onto my stomach, but I can't roll from stomach to back, please turn me over." "My caregiver laid me down on my back, but I can roll from stomach to back and back to stomach."
- ❖ Only an individually-assigned safety-approved crib, portable crib, or playpen with a firm mattress and tight-fitting sheet will be used for infant napping or sleeping
- ❖ Sitting devices such as car safety seats, strollers, swings, infant carriers, infant slings, and other sitting devices will not be used for sleep/nap time. Infants who fall asleep anywhere other than a crib, portable crib, or playpen must be placed in the crib or playpen for the remainder of their sleep or nap time
- ❖ Keep soft or loose bedding away from sleeping infants and out of safe sleep environments. This includes, but is not limited to, bumper pads; pillows; quilts; comforters; sleep positioning devices; sheepskins; blankets; flat sheets; cloth diapers; bibs; and other similar items.
- ❖ Toys and stuffed animals will be removed from the crib when the infant is sleeping. When indicated on the Infant and Toddler Feeding and Care Plan or with written parent consent, pacifiers will be allowed in infants' cribs while they sleep. The pacifier cannot have cords or attaching mechanisms



- ❖ Infants' heads and face will not be covered during sleep. Infants' cribs will not have blankets or bedding hanging on the sides of the crib. We may use sleep clothing (i.e. sleep sack, sleepers) that is designed to keep an infant warm without the possible hazard of covering the head or face during sleep/nap time
- ❖ All caregivers will receive in-person or online training on infant safe sleep based on AAP safe sleep recommendations. This training must be completed within 30 days of employment or volunteering and will be completed every three years.
- ❖ All parents/guardians of infants shall be informed of the facility's written Safe Sleep Policy at enrollment
- ❖ To promote healthy development, infants who are awake will be given supervised "tummy time" for exercise and for play.